

# Peer 180 RCO



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## Application details

I confirm that I meet the eligibility criteria for this grant	✓
Legal name of applying agency	Chain Breakers. Hope Makers
DBA if applicable	Peer 180 Recovery Community Organization
Mailing address line 1	P.O. Box 40195
City	Grand Junction
State	Colorado
Zip	81504
Agency phone number	+19706445030
Agency website	<a href="https://www.facebook.com/Peer180RCO">https://www.facebook.com/Peer180RCO</a>
Agency EIN	84-3553070
CEO or Executive Director name	Angie Bertrand
Application contact and title	Same
Type of agency	Nonprofit Organization
Tax exemption status	501(c)(3)

What is the mission of the applying agency?

We support and mobilize the recovery community; collaborate with groups and organizations in the development and delivery of community driven recovery support services. We work on behalf of all those impacted by addiction (including family members, friends, and allies) through service, education, and advocacy, to remove the stigma surrounding addiction and increase long term recovery.

Describe the applying agency and provide a brief history

Peer 180 began as Chain Breakers, Hope Makers in 2019, becoming a 501(c)3. Received a Colorado Health Foundation grant allowing for the hire of a Executive Director Nov 2020, the name was changed to Peer 180 Recovery Community Organization

(RCO).

Have grown to a 5 Member Board of Directors, FT Director, PT Office Manager, and FT Recovery Coach.

A true RCO, Peer 180 is peer driven and peer lead. All BOD, Staff, Coaches and Critical Volunteers have lived experience in Substance Use Disorders/recovery, in addition to a variety of other mental health issues.

Peer 180 RCO has recently been approved as our official name, however, the government is backlogged in getting it attached to our EIN. Trade Name is accurate in Colorado.

Nov. 2020 the Exec. Director became a Trainer for the Recovery Coach Academy (RCA) , our Board Chair is also a Trainer and we began providing RCA's to our community to assist people interested in obtaining their RC certification. Some of the graduates are volunteers for Peer 180 and continue to provide one-on one's and support groups.

We secured 2 additional grants (Office of Behavioral Health/OBH), which allowed us to expand our programming.

June 2022 we secured a building to allow us to develop a Recovery Community Center (The Station) in Mesa County and expand/centralize services offered. We have recently trained additional Critical Volunteers that provide reception hours to maintain regular building hours.

Soon to hire 2 additional positions (August/Sept) if we receive continuation funds from OBH as expected, and 2 paid internships (Rocky Mountain Health Foundation funds secured).

A local RCO is a vital part of the continuum of recovery that includes prevention, harm reduction, early intervention and treatment initiatives. 'Where treatment ends, recovery begins'.

List the major programs related to opioid prevention, education, treatment, recovery, harm reduction, and/or criminal justice offered by your agency. Provide a brief description of each program and indicate the program/s for which you are requesting funding.

The Program we are requesting funding for is the Peer Program listed. Each of our programs serve participants that have Opioid addiction disorders (& their families). We do not separate services according to addiction. However, if funded, we will provide recovery coaches that will be additionally educated and dedicate staff resources to assist participants presenting with Opioid issues, assisting them to specialized services and MAT treatment they may need.

- Who Peer 180 RCO serves: Individuals within Mesa County experiencing substance use problems and those trying to maintain their recovery; their families, children and supporters.
- Peer Support Program:
  - Trained Peer Recovery Coaches provide one-on-one support to individuals with substance use issues
  - Weekly All Recovery support groups. Additional groups are being added as the Recovery Community Center is stabilizing.
  - TRec (Tele-Recovery)- support through virtual options to connect with individuals that do not have a Recovery Coach
  - Coach2Coach- support, training, and activity of Recovery Coaches
  - Collaborate with Oxford Houses in Mesa County (7 homes) to support the individuals within
    - Resource Broker: each staff/critical volunteer keeps track of local resources and is able to provide a 'warm handoff' to individuals – whether someone is being directly coached, a walk-in to the Recovery Community Center, thru technology or our support groups. Personal peer-to-peer connection is highly valued and just handing out a phone number will not do.
- Family Support Program:
  - Circle of Parents in Recovery- bi-weekly education group (Under Illuminate Colorado)
  - Youth Zone - All programs and activities are family & children welcoming
  - Child Care- provide at designated events and support meetings
  - In process= CRAFT Program designed for family member support of those that have SUD
- Activities Program :
  - Monthly, fun substance free, pro-social activities (game night, dances, bonfires, sled day, movies ,Rally, camping, ect) Involvement and co-sponsorship of other recovery entities' events.
  - Monthly publication of Recovery Community Calendar-highlighting all the recovery social events in Mesa County.
  - Creating In Recovery (CIR) Art group (very popular)
  - Recovery Rhythms (drum & percussion group)- Beginning end of July

- Co-host & collaborate ongoing pro-social connection events with the 7 Oxford Houses (in addition to other Peer 180 activities).

- Other:

-Host & execute the Mesa County Recovery Rally Day for National Recovery Month (Sept)

-Recovery Coach Academy- training for individuals currently in recovery seeking Recovery Coaching certification

-Life Skills- quarterly for participants, volunteers, staff (Will writing, taxes, credit, suicide prevention training, finances, etc)

-Active FaceBook (Peer 180 Support Group), 713 members (we do not have a Website at this time). This is how many find us and connect, then come to a live meeting/event.

-Community Collaborations -, Opioid Overdose Awareness Day, ShareFest, Rural Peer Coach Conference, SoberBowl, Farmers Markets, education presentations.

We actively seek and participate in community education and Recovery Advocacy projects to put a face on recovery

Is this agency currently in a probationary status? No

Please select your agency's governance structure Volunteer Board of Directors

### Current Agency Sources of Income

		Total dollar amount	% of agency budget
1	Individual Contributions	US\$17,350.00	8
2	Foundations	US\$9,713.00	5
3	Billing/Billing Reimbursement	0	0
4	Program Service Revenue	US\$9,195.00	4
5	Fees/Earned Income	0	0
6	Govt Grant - Federal	0	0
7	Govt Grant - State	US\$1,925.00	53
8	Govt Grant - County/Local	0	0
9	Govt Contracts	0	0
10	In-Kind Contributions	0	0
11	Other	0	0

		Beginning of year	End of year
1	Cash (non-interest-bearing)	US\$1,796.00	US\$34,405.00
2	Savings and temporary cash investments	0	0
3	Pledges and grants receivable	US\$29,233.00	US\$75,451.00
4	Other assets	0	US\$5,658.00
5	Total assets	US\$31,029.00	US\$115,514.00
6	Accounts payable and accrued expenses	US\$22,762.00	US\$29,937.00
7	Grants payable	0	0
8	Other liabilities	0	0
9	Total liabilities	0	0
10	Total liabilities and net assets/fund balances	US\$8,267.00	US\$85,577.00

#### Agency Revenue/Expense Snapshot

		Total dollar amount
1	Total Revenue	US\$225,783.00
2	Total Expense	US\$148,474.00
3	Surplus/Deficit	US\$77,309.00

Program name Peer Support Program

Please select the service area for which your program is seeking funding Recovery

Amount requested US\$301,344.00

Physical address of program location (street, city, state, zip) 201 South Avenue, Grand Junction, CO 81501

Date of program inception or expected start date 2022-09-01

Please provide a narrative of the program for which you are seeking funding

Increase the capacity of the Peer Support Program by additional direct service staff in order to increase the breadth and depth of services to individuals supported by the Peer 180 RCO and Community Center.

Describe the duration and frequency in which clients are offered services

Coaches meet one-on-one weekly for the initial 3 months. If appropriate and participant is involved in additional community supports, meetings move to bi-weekly for the next 3 months. These individual participants will be, at the same time, increasing their involvement in other support systems (ex; 12-Step programs, counseling, church, All Recovery meetings, etc).

Please describe the expected outcome of this program

In increase in one-on-one participants served.

An increase in oversight of current and added staff from the support of a Peer Program Coordinator.

Increased capacity to offer pro-social and family activities.

Increase in direct service for Youth seeking recovery.

Increase in direct service to individuals discharged from the hospital for substance use issues.

Document the proven success of your program. Cite sources to support your success.

The requested Peer Supervisor, Youth and Hospital Coaches are a new operation/programming. Other related:

Current success includes -

Of 9 Peer Coaches trained March 2021- 8 are still substance free and working in the health field. 6 of which are currently Critical Volunteers for Peer 180/ 4 do one-on-one coaching for us.

Of the 14 one on one coaching this past 6 months - 12 are still involved in recovery and attend events, 7 are still receiving one-on-one coaching and in recovery.

Secured and operating the Circle of Parents in Recovery from Hilltop- 13 adults and 6 kids currently in this program.

Creating in Recovery Art Program has 20 individuals regularly-needing to expand to accommodate additional requests.

Typically, all of these participants stay for the following All Recovery meeting.

Opening and initial hours of Recovery Community Center began July 6th. Six Critical Volunteers trained (& continuing) ) to assist as 'reception'. Five additional Critical Volunteers identified and to have initial training in August.

Describe the program's strategy of being socially connected. Ex: Task forces, coalitions, strategic partnerships, etc.

List the organizations and agencies that you currently collaborate with or would like to collaborate with to reach the expected outcome.

Current involvements:

Behavioral Health Planning Advisory Council (BHPAC-Colo.Dept of Human Services)-Advocacy of Recovery issues in Colorado  
CT Community for Addiction Recovery (CCAR)- Continued education Recovery Coaching and specialized topics (ED, Staff & Coaches continued education). We currently train their Academy curriculum.

Mesa County Opioid Recovery Group (MCORG)- Active in Recovery Work Group- partner in community activities.

Mental Health Navigation HUB- participating in mapping of health continuum of care in Mesa County.

Advocates For Recovery Colorado (AFRC-Denver) premier RCO in State of Colorado - ongoing mentorship of their Executive Director to Peer 180's, & we actively support their Montrose/Delta & Durango RCO's which assists with out of area warm handoffs for participants.

CRN/Quality Health Network- current assistance in setting up data platform and analytics.

Illuminate Colorado-Partnership and oversight of the Circle of Parents in Recovery.



10	In-Kind Contributions	0	0
11	Other	0	0

Current Program Revenue/Expense Snapshot

		Total dollar amount
1	Total Revenue	US\$225,783.00
2	Total Expense	US\$148,474.00
3	Surplus/Deficit	US\$77,309.00

Discuss any major changes in program revenue or expense anticipated for the period covered by this grant

We have submitted continuation funds as we were requested to by Western Slope Casa (OBH funded), it is expected we will receive but it is unknown if we will receive the total amount requested (same as 2021/2022). We were supposed to know/have contract July 1st.

Colorado Health Foundation - 2 year funding ends August 2022. We have applied for 2022/2023 year but will not know until fall. In the next 2 years we will have established a funding source through Corporate Memberships to increase our General Fund.

If awarded, please describe how you will use funding in year one

Hire a Full Time Peer Coach Supervisor (utilizing 1/2 of cost from other source)  
 Hire a Full Time Peer Recovery Coach to specialize in youth support.  
 Hire a Full Time Peer Recovery Coach to focus on hospital patients admitted for substance use presenting issues.  
 Child Care assistance hired to immediately assist ongoing and growing need as participation increases in all programming.  
 Continue and expand current pro-social activities to accommodate additional participants (supplies for).  
 Staff training, mileage, phone, supplies.

If awarded, please describe how you will use funding in year two

Same as year #1, however we will assess and refine as information presents itself. If awarded these funds, we will look at continuation of stabilization and refinement with what we are doing rather than seeking growth. Cost is expected to remain the same.

Please describe the plan in place to ensure this program remains sustainable

The Executive Director has been working in the local non-profit sector for the past 30 years. As such, there are additional past-successful ideas not yet executed that will be added to Peer 180's financial sustainably (fundraisers, some traditional and non-traditional funding sources that have not yet been requested, direct asks of individual donors and fee for service enterprises). Our Board of Directors has put together a 10 year plan to work towards long term solutions to continue sustainability. Long term stability and loyalty to our mission is our goal.

Recovery, being recently identified and supported as its own valuable entity provides opportunities not previously looked at 3 years ago. We believe this will only grow and opportunities for additional sustainability will continue.

Colorado Health Foundation, Rocky Mountain Health Foundation have both been mainstays of support and we will continue to maintain requests. We will be making a request to the Daniels Fund in 2023; we have received a small grant from United Way from their 2022/23 cycle and will request additional/increased support in the 2023/24 cycle.

Request to Illuminate Colorado for financial support to increase the Children's component of the Circle of Parents in Recovery

is being investigated. Peer 180's BOD are currently working on a Corporate Membership structure and plan. In addition, there is the possibility of contracting Peer 180 Recovery Coach services to assist specific businesses in need of services in the future.

What is the program's target population?

Any individual seeking Substance Use Disorder recovery, their family and supporters.

Does the program have service limitations? Yes

Please describe the program service limitations

Since we are not treatment, we would refer to qualified treatment/mental health entities. After treatment we would desire to re-connect and assist in long term recovery

What are the parameters for client eligibility?

All individuals are welcome. The individual needs to have a desire to be involved. Mandated involvement is not encouraged.

Does this program charge clients for services? No

Do other programs in Mesa County provide similar services? No

Current Program Staffing

Number of full-time staff	Number of part-time/seasonal staff	Number of volunteers
1	2	10

What is the geographic service area for this program? Mesa County

How does this program address the diverse needs of populations that are specific to your region (LGBTQ+, BIPOC, immigrants, rural communities, low income, etc.)

Our Board of Directors & staff reflect the population we wish to continue serving- currently made up of individuals that are Native American, African American, Caucasian, all are in long term recovery from Substance Use Disorder and other mental health issues. We are actively seeking 2 additional Board Members to add to our diversity.

The next Recovery Coach Academy will be comprised of diverse individuals which will sought out. Of these, 2 will be chosen to become Interns, with an eye on better serving diverse needs within Peer 180.

Our draw population naturally serves to support individuals that are marginalized, including low income, individuals of different ethnicities and that have a difficult time 'getting their foot in the door' due to the damage created from their Substance Use Disorders- typically criminal history. In addition, we have a higher than general population of individuals that have or are currently experiencing houselessness, domestic violence, sexual abuse an other traumas. Peer 180 has about 10% of participants that are Native American and LGBTQ+ individuals. We request these individuals to assist in the formation of programs and activities. For example: Recovery Rhythms was created as a direct desire from out Native American participants and will benefit all.

Program Demographics



		Two year prior FY actual	Most recently completed FY actual	Current FY projected	Next FY projected
1	Clients: Total # of unduplicated clients	669	1058	1500	1500
2	Gender: Male			550	550
3	Gender: Female			600	600
4	Gender: Other			100	150
5	Gender: Not Reported	669	1058	250	200
6	TOTAL FROM ROWS 2-6 (should match total from row 1)	669	1058	1500	1500
7	Area: Grand Junction (81501- 81507)	360	500	800	800
8	Area: Clifton (81520)	100	150	220	220
9	Area: Palisade (81526)	50	75	75	75
10	Area: Fruita Area (81521, 81524, 81525)	50	50	50	50
11	Area: Other Mesa County (Glade Park, Colbran, etc.)	0	0	30	30
12	Area: Outside Mesa County	9	20	25	25
13	Area: Not	100-virtual &	263- online	300	300

	Reported	online			
14	TOTAL FROM ROWS 7-13 (should match total from row 1)	669	1058	1500	1500
15	Ethnicity: White	400	600	800	800
16	Ethnicity: Hispanic	25	30	100	100
17	Ethnicity: Asian-American	5	10	15	15
18	Ethnicity: African-American	5	10	20	20
19	Ethnicity: Native American	5	12	20	20
20	Ethnicity: Other	75 more than one	200	200	200
21	Ethnicity: Not Reported	151	146	345	345
22	TOTAL FROM ROWS 15-21 (should match total from row 1)	669	1058	1500	1500
23	Age: 0-4	3	6	25	25
24	Age: 5-14	28	50	75	75
25	Age: 15-18	10	20	125	125
26	Age: 19-34			150	150
27	Age: 35-54			400	400
28	Age: 55-70			250	250

29	Age: 71+			50	50
30	Age: Not Reported	628	982	425	425
31	TOTAL FROM ROWS 23-30 (should match total from row 1)	669	1058	1500	1500

Please use this space if there is additional information regarding the applying agency or program that is vital to convey in this application

While there are 2 FT staff & 10 "Critical Volunteers" at the moment, we are hiring 2 FTE additional in the coming month and will have 2 paid interns beginning 2023. Critical Volunteers run the reception area, these individuals are invested in more than others (cpr/first aid, suicide prev training, mental health 1st aid, ect), in addition some are trained coaches and volunteer as such.

The numbers served above are a combination of new people that have (or will) enter into any of the support service access points (meeting, activity, family program, etc) . One-on-one coaching will be counted separately for reporting. In addition, we did not start capturing numbers until April of 2021 which is why they are so low.

There are some breakout numbers (demographics) that we needed to do our best guess as data was not well coordinated until this FY year.

Because our FY starts July 1st, our 990 has not been submitted - will be happy to get to you once done.

Discuss the resources, tools, and staffing available that will be utilized to reach program outcomes during the funding cycle

Assistance requested:

Peer Program Supervisor= FT (PT to be funded by other sources)

Peer Coach = FT Youth

Peer Coach = FT Hospital

Child care Assistance

Other utilized:

All other staff & Critical Volunteers (C.Vols)

2 Peer Coach Interns (FT for 6 months)

Family Program Coordinator

Administrative Assistant

Accounting

Other funding sources previously mentioned contribute to the whole of the Peer 10 program and services offered. All new participants brought in by this funding will benefit from all services offered -at no cost.

Provide a narrative of the actions the program will take to reach the desired outcomes during the funding cycle, utilizing the resources listed above

Peer Program Supervisor= FT- Oversee individual coaches, RAP (Recovery Action Plans), facilitate Coach2Coach support, facilitate trainings (Coaches, C.Vols & Participant trainings), carry own One-on-One case load.

Peer Coach = FT Youth - Partner with Karis to provide Recovery Pod for homeless youth. Create All Recovery Meeting and Youth Specific activities. Carry own one-on-one case load. Create a Youth Specific Resource Guide.

Peer Coach = FT Hospital - Partner with hospital (St.Marys or VA) to provide available coach to directly assist in post-hospitalization connection to recovery services. This includes meeting individual at hospital if desired, introduction into

recovery community, one-on-one coaching and assisting to follow up treatment (MAT & counseling appts) and other resources.

Child Care Assistance- in order to reduce barriers for participants to engage in services, it is vital to provide child care at all events and while meeting with their coaches. This will primarily be at the Station.

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All other staff & Critical Volunteers. All other staff are utilized for wrap around services (run meetings, provide for additional needs, conduct pro-social activities/events, Creating in Recovery Art Program, Recovery Rhythms Program), look for donations to assist in program gaps. This includes Oxford House Community Outreach Coordinators to assist in potential housing resources.

2 Peer Coach Interns (FT for 6 months) - will be determined by each individual's personal interest-it is hoped one will be utilized to support the potential Respite Home being created in the future, the other to support the LGBTQ+ community. It is hoped to hire them at the end of their internship.

Family Program Coordinator - utilized to assist family members of participants being served directly by assigned coaches.

Secure child /youth care and Youth Zones at meetings, functions, events.

Administrative Assistant- coordination of all

Accounting - financial oversight

Executive Director - Oversight of all, Training facilitator, own one-on-one caseload.

Describe the audience served, number of clients that will receive assistance during the funding cycle, and what services will be offered to each

Audience served-individuals wanting to find and maintain recovery from Substance Use Disorders and it's related issues.

Provide a final desired outcome statement

Peer 180 will expand services offered to individuals seeking to recovery and maintain their recovery path. Assisting youth, those hospitalized presenting SUD issues and a reduction of barriers for child care assistance will be increased in the next 2 years.

Describe your program's overall approach to evaluation. Refer to methods, instruments, and procedures (surveys, interviews, tests, logs, etc.) for collecting data, and your process for analyzing the data.

We currently administer pre-post tests for one-on ones using a Recovery Capitol Scale (2nd meeting with participant & 6 months later). Initial interviews provides a baseline and a RAP (Recovery Action Plan) is developed, which provides data we can learn from.

Sign in sheets allow us to track additional & frequency of services the individual is involved with and how long.

Within the next couple months will have a database platform which will refine and assist us in analyzing data.

What are the instruments or tools you will use to measure change?

Recovery Capitol Scale - strength based and increase in resources

Sign in Sheets at all groups

Observation and one on one conversations

RAP sheet, goal progression and increase in recovery time

How will evaluation results be used?

To modify, change or increase the current programming and better provide in the future. This is on a individual and agency scale. A conversation with those at at All Recovery Meeting can have a direct impact on modifications as well as the data platform information that will give us a broader picture.

The data requested below has not been tracked in the way it can be reported specifically and will be incorporated into the future data collections.

Quantity of clients served and outcome data

		Most recently completed FY actual	Current FY projected	Next FY projected	Following FY Projected (Year 2)
1	Total # of clients served	669	1058	1500	1,500
2	# of clients utilizing youth mentoring opportunities	0	0		0
3	# of clients utilizing youth diversion program	0	0		0
4	# of clients receiving prevention education	0	0		0
5	# of CAS trainings offered	0	?		0
6	# of clients receiving SUD treatment and wrap around services	15	15		0
7	# of clients receiving peer delivered care coordination	15	15		0
8	# of peer recovery specialist trainings provided	1	1	1	0

Please upload the following documents:

1. Current agency operating budget
2. Current program budget
3. Copy of your most recent audited financial statements, compilation, or review
4. Most recent 990 or other tax filing
5. Colorado Secretary of State Certificate of Good Standing or Certificate of Registration (if applicable)
6. Licensures and designations with the Office of Behavioral Health and/or the Colorado Department of Public Health and Environment if applicable to your agency/program

Current agency operating budget

PDF	<a href="#">22-23 Budget - Peer 180.p... (129 KiB download)</a>
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Current program budget

PDF	<a href="#">22-23 Budget - Peer 180.p... (129 KiB download)</a>
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Copy of your most recent audited financial statements, compilation, or review

PDF	<a href="#">6-2022 Financials - Peer1... (30 KiB download)</a>
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Most recent 990 or other tax filing

PDF	<a href="#">2020 990 EZ - Peer 180.pd... (2.2 MiB download)</a>
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Colorado Secretary of State Certificate of Good Standing and Certificate of Registration (if applicable)

PDF	<a href="#">Certificate of Good Stand... (400 KiB download)</a>
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